

Outpatient Services

The Elizabeth L. Sturz Outpatient Center

The Elizabeth L. Sturz Outpatient Center (ELS) is a medically supervised intensive outpatient substance abuse treatment program for adults and adolescents seeking recovery services. The outpatient center is a warm, friendly, and compassionate environment that genuinely cares about clients as they work on their recovery needs. We help people to address and overcome their substance abuse while living at home and remaining active in their community and workplace.



Services

- Comprehensive Screening and Diagnostic Services
- Court-ordered DWI/DUI Assessments and Treatment Services
- Patient-Centered Individualized Treatment Plans
- Individual, Group, and Family Counseling
- Afternoon Youth Program (4:00-5:00pm) for ages 13-17
- Evidence-based Treatment including: Cognitive Behavioral and Motivational Enhancement Therapy
- Relapse Prevention, Psycho-education, and Recovery Skills Groups
- Specialty groups including Anger Management, Domestic Violence and Parenting Skills Groups
- GED and Literacy Program for Adolescents 17-20 (Dept. of Education onsite)
- Assistance with Bronx Courts, TASC, Probation/Parole, ACS
- General Physical Exams and TB Testing Available
- Dual Diagnosis Services
- Toxicology Monitoring

We believe our interdisciplinary approach allows us to better empower our clients in their recovery process to resolve current problems and construct a new lifestyle by building on their strengths.

We Also Offer

- MetroCard provided
- Recreation and gym on-site
- Cultural and social activities
- Work-readiness programs
- Career guidance and job placement
- Entitlements assistance
- Outstanding hot lunch provided
- Flexible daytime, evening, and weekend hours
- Intensive and non-intensive treatment services.

Eligibility Criteria 13 years of age or older with an alcohol or substance abuse problem.

Payment Medicaid and most Medicaid Managed Care Plans accepted. Medicaid enrollment assistance is provided free of charge. Other 3rd party insurance is also accepted. Sliding scale fee is also available. Lack of insurance does not bar a candidate from enrollment.



Argus Community, Inc.

*Serving New York City
and Westchester County.*

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